



## **The 3D Experience**

### **Part 4: Delivered from Satan's Power**

#### **Practical Exercises**

Continue The 3D Experience Bible Reading Plan

#### **Confession and Prayer**

If you perpetually struggle with a particular sin in your life, or forgiving yourself or someone else for a past sin, confess and repent to a mature Christian you trust. As James 5:16 says, "Therefore confess your sins to each other and pray for each other so that you may be healed."

- Meet with a mature Christian you trust, and confess to them and ask for them to pray for your forgiveness, healing and freedom in Jesus' name.
- If you don't know anyone e-mail us at [hello@resonance.church](mailto:hello@resonance.church), and one of our Pastors or Prayer Team members will meet with you to talk and pray.

#### **Deliverance Prayer**

Go through Inner Healing / Deliverance Prayer in one of the following ways:

- Meet with your Growth Group Leader, who has been trained in Deliverance Prayer, to talk and pray with you.
- Attend a Deliverance Prayer Training at Resonance Church (first training tentatively scheduled for April 8, details to come).

#### **Household Blessing Prayer**

Pray through the Household Blessing Prayer in your home this week. See the Resources Section below for the prayer.

#### **Resources**

##### **How to Pray Over Your House for Spiritual Cleansing & Blessing**

1. Remove any items that represent or invite evil into the house and get rid of them:
  - Pornography
  - Horror movies and novels
  - Dark or evil music: black metal, that which glorifies sexual immorality/drug use, etc.
  - Spiritual/evil games: Ouija boards, tarot cards, crystal balls, palm reading, psychic/new age, etc. (anything that has to do with the spiritual that is not Christian)

- Religious/spiritual items from anything that are not Christian: idols (carved religious figurines from other cultures), voodoo dolls, Buddha statues/figurines, dream catchers, etc.
2. Pray the following prayer (or something similar in your own words) of cleansing, consecration, blessing, and protection OUT LOUD while standing somewhere in the home (perhaps the front porch, main door, or main living room):

*"Father God, I come before you knowing that the blood of Jesus presents me righteous before You. Thank you for the salvation, victory, and authority over evil that is mine in Jesus Christ! It is in the name of my Savior Jesus Christ I ask for your cleansing, blessing, and protection over this household. Thank you, Lord!*

*By the blood of Jesus Christ, I bind every evil and unclean spirit that is in this house and command them to flee right now in the name of Jesus Christ. I renounce and reject any inch of this house and property that has been yielded or surrendered unto Satan and by faith I take it back and surrender it to the Lord Jesus Christ. I renounce and repent of any sins, known or unknown to me, that have been committed here by anyone (including me or my family). I renounce and repent of any sinful items ever kept here, I renounce and repent of any sinful things that were broadcast here in Jesus name. Forgive any trespasses committed against you in this place, Lord.*

*In the name of Jesus Christ, I dedicate and consecrate this house to my Lord Jesus Christ and claim it is under His divine protection from the top of the roof to the bottom of the footing and everything in between.*

*Father, I ask in the name of Jesus Christ that you would surround this house and the property on which it stands with a hedge of protection. Surround our family and this property with your favor as with a shield on all sides, above, and below.*

*Father God, I ask that You send your powerful warrior angels to protect the Four Corners of this house and property, guarding everyone who lives within.*

*I ask that this house be consecrated with Your divine presence so that everyone who enters will be blessed in their heart, soul, and mind. May your love, joy, and peace be palpable in this place by the power of your Holy Spirit. May this be a place of rest and restoration. Thank you, Father, for the complete victory I already have in Jesus Christ. Let your Kingdom come, Your will be done on earth and in this home as it is in heaven. As for me and my house, we will serve the Lord! Amen."*

3. Walk through every single room (bedrooms, bathrooms, kitchen, living room, entryway, basement, attic, etc.), standing in the center of each, and pray the following short prayer OUT LOUD:

*"In the name of Jesus Christ I cast out any unclean spirit from this room and forbid them from ever entering again. Father, I ask you to bless this room with your presence and that it would be a place of rest, joy, and peace. Amen!"*

4. Go to every door and window in every room in the home and pray this short prayer OUT LOUD (as an optional act of faith, anoint each doorframe and window with olive oil, representing Jesus'

blood, blessing, favor, and protection):

*"In the name of Jesus Christ I forbid any unclean or evil spirits or forces from entering this home. Father, send your angels to stand guard here. Amen!"*

5. Go to the end of your driveway (the entrance to your property) and pray this short prayer OUT LOUD:

*"In the name of Jesus I command any unclean or evil spirits to flee this property and forbid them from entering again. Father send your angels to stand guard here! Thank you for your protection and love! Amen."*

Another great resource are the daily prayers made available by author, counselor and teacher, John Eldredge. On his website, you can listen to or read/download a Daily Prayer that he uses to cleanse, protect, and bless his family ([click here to listen to or download the Daily Prayer](#)). He also makes available several other prayers on his website that are helpful ([click here to view all of the prayers he has made available](#)).